



Rehoboth Council on Aging

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REHOBOTH, MA

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Board of Directors Meeting

Minutes of September 29 ,2021

- 1) Call to order—2:03
- 2) Pledge of Allegiance
- 3) Members Present--- Dr. Robert Lambe, Ron Whittemore, Charlene Cunha, Neal Harrington, Dr Bruce Thayer, Suzanne Laverdiere and Linda Sherman

Members Excused—MaryBeth Moriarty

Guest Speaker—Selectman Jim Muri

- 4) Review past months minutes— None
- 5) Presentations—None
- 6) Expense reports—none
- 7) Director's Report—none
- 8) Old Business- Discuss ARPA funds

Our Senior population is disproportionately affected

The COA board discussed proposals for ARPA funds for the Council on Aging. These ideas included the following:

Pickleball Courts Motion Ron, Bruce 2nd Unanimous

Bocce Courts Motion Ron, Sue 2nd Unanimous

Sue will work with the Recreation Committee regarding shared outdoor activities and interests.

Clinical Space with the appropriate equipment for Health Screenings given by Jaime, Podiatry, & Optometry

Motion Dr Lambe 2nd Ron Unanimous

A van for Senior transportation was discussed. The Board will put together a rough set of specs.

The possible use for the could be visits to the COA, local shopping trips for needed items, Doctor's appointments, trips to local places of interest

The Board will look into ideas for a garage on the property for the COA and Veterans vans.

Proposal to purchase Ford transit 350 8 passenger van with wheel chair capability

Motion DR Lambe Sue 2nd

Assistant Outreach position. This would be help for Brad.

Discussed Joanne Wilmot to possibly train in Fuel Assistance and Shine Hours to be determined

Motion Dr Lambe Ron 2nd Unanimous

Purchasing loaner Tablets with internet for Seniors. The tablets would be used to help make Doctor appointments, order prescriptions, food, etc. We will a hire an internet specialist to teach the seniors how to navigate the tablets.

Discussed replacing the Gert's Café sign. Bruce will pursue this project.

Discussed adding the following classes under ARPA funding: watercolor, meditation, floral design. All of the above will help with socialization, mental health, & fitness. Nutrition will help with healthy eating choices.

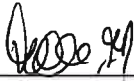
Thank you notes were signed and sent to MS. Carole Kingman and the Massachusetts Council on Aging for the generous donations that were received.

- 9) BESI Report—Dr. Bruce Thayer will chair Bristol Elders Executive Board
- 10) Friends of the Rehoboth Elderly Report—N/A
- 11) Correspondence—N/A
- 12) C.O.A. Building Usage—N/A
- 13) Open Forum—N/A
- 14) Other Business—N/A

Adjournment @ 4:17

Respectfully submitted,
Linda Sherman COA Director

Approved by:



Dr. Robert Lambe
Council on Aging Board
Chair